

Friendships

We have been thinking of the power of friendships.

How many of us have friends still from our early school years?

It is so good to chat about those early years with someone who shares the memories. How come we remember different things about the same incidents?

Some of us have brought friends through life with us. They share our happy times, sad times and troubled times. We could not have managed without their friendship, support, laughter and tears. However there are people who seem to have left friends or acquaintances behind and in old age miss company and someone with whom to share memories.

Value friendship and keep in touch. Friends are people we can choose and they can be as much part of our family as our genetic family.

Janet Holdstock