

**ST PETER & ST PAUL'S
CHURCH, AYLESFORD**



**Short Spoken
HOLY COMMUNION**

Epiphany 5 | 2nd Sunday before Lent
7th February 2021

The Greeting

The Lord be with you.
And also with you.

Prayer of Preparation

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

The Liturgy of the Sacrament

The Peace

Introduction to the Peace

Do you not know? Have you not heard?
Those who hope in the Lord will renew
their strength. They will soar on wings like

eagles; they will run and not grow weary,
they will walk and not be faint.
cf Isaiah 40.28, 31

The peace of the Lord be always with you.
And also with you.

The Eucharistic Prayer

The Lord is here.
His Spirit is with us.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

... we magnify your name.
**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name
of the Lord.
Hosanna in the highest.**

Great is the mystery of faith:
**Christ has died: Christ is risen: Christ will
come again.**

... in songs of everlasting praise:
**Blessing and honour and glory and
power be yours for ever and ever. Amen.**

The Lord's Prayer

As our Saviour taught us, so we pray:
**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**

Breaking of the Bread

We break this bread
to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

Preparation

**Thanks be to you, Lord Jesus Christ,
for all the benefits you have given
me, for all the pains and insults you
have borne for me. Since I cannot now
receive you sacramentally, I ask you to
come spiritually into my heart. O most
merciful redeemer, friend and brother,
may I know you more clearly, love you
more dearly, and follow you more nearly,
day by day. Amen.**

Be known to us in breaking bread,
But do not then depart;
Saviour, abide with us, and spread
Your table in our heart.

James Montgomery

Prayer after Communion

God our creator, by your gift the tree of
life was set at the heart of the earthly
paradise, and the bread of life at the
heart of your Church: may we who have
been nourished at your table on earth be
transformed by the glory of the Saviour's
cross and enjoy the delights of eternity;
through Jesus Christ our Lord. **Amen.**

Followed by

O God, help us to trust you,
help us to know that you are with us,
help us to believe that nothing
can separate us from your love
revealed in Jesus Christ our Lord.
Amen.

Lord, in these days of mercy,
make us quiet and prayerful;

in these days of challenge,
make us stronger in you;

in these days of emptiness,
take possession of us;

in these days of waiting,
**open our hearts
to the mystery of your cross.**

Angela Ashwin

Sending

Blessing

Go forth into the world in peace;
be of good courage; hold fast that
which is good; render to no one evil
for evil; strengthen the fainthearted;
support the weak; help the afflicted;
honour everyone; love and serve the
Lord, rejoicing in the power of the Holy
Spirit;

and the blessing of God Almighty,
the Father, the Son and the Holy Spirit,
be among you and remain with you
always. **Amen.**

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

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